

Toiletry Formula's for Matching Sets

By Mabel White Dot Com

With a simple favorite fragrance oil, or in some cases, flavor oil, you can make many luxurious toiletries for the bath. Even ¼ ounce of essential oil can be mixed into 8 ounces of any carrier oil to make a powerful fragrance oil that can go a long way! Here we have created make it yourself gift sets around the following scents:

Almond	3
Apple Page	4
Chocolate Page	5
Coconut Page	6
Cotton Page	7
Darjeeling Chai Page	7
French Roast Coffee Page	7
Fruit Slices Page	8
Lilacs, Fresh Cut Page	9
Peaches and Cream Page	10
Red Clover Tea Page	11
Sandalwood Page	11
Strawberry Page	12
Sun Flower Page	13
Vanilla Page	14
Wild Flowers Page	15

Items you can make for mix and match gift sets include, **listed from easiest to make on down:**

Toiletry Chart

Room Spray: Mister

Body Mist: Mister

Massage Oils: Bottle

Bath Oil: Bottle

Sachets: Linen Purse

Dream Pillows: Linen Purse

Roll On Perfume: Roller

Lip Gloss: Roller

Solid Perfume: Container

Lip Balm: Container

Bath Bombs: Shrink Wrap, Maybe Satin Ribbon and Silk Flower

Bath Dry Milks: Linen Purse, plastic liner

Bath Salts: Linen Purse, plastic liner, Container

Soap: Good Mold

Bath Gel: Pump

Body Lotion: Pump

Candles: Container or Good Mold

So with a **mister bottle**, an **8 ounce bottle**, a **few linen purses**, a **gloss roller**, a **balm container**, a good **soap mold** and a **bottle with a pump**, you can make a great collection of toiletries with a theme. A few props, such as the same color **satin ribbon** and **silk flowers** or **cinnamon sticks** can tie it all together! Bath Bombs and soaps should always be shrink wrapped to avoid moisture problems.

Shopping List

If you are new to this, but want to **make all of the items above for under \$20** you can order:

4 Ounces of Fragrance Oil	1 Pound of Bath Salts	2 Matching Flavors
8 Ounces of Carrier Oil	2 Lbs Melt n Pour Soap	Soap Molds
1 Pound of Citric Acid	5 Pounds of Soy Wax	Wicks & Balm Base

This does not include any container's you may need. Carrier oils include safflower, sweet almond, walnut, hazelnut, and other oils that do not have a distinctive smell. Item's like silk flowers, cinnamon sticks and thin satin ribbon you can gather from discount shops. Scents the men can't help but like include Almond, French Roast Coffee, Red Clover Tea and Sandalwood. You can replace the fragrance in any of these recipes with your own if it feels right! **You can pick up bath accessories, below, fairly cheap and save them until gift time. Items such as a soap dish, nail brush, loofa sponge, washcloth shown below make the final compliment to home made gifts!**



Royal Almond Bath Oil

Almond, like vanilla, is one of the most highly preferred universal scents for men as well as women. It is best introduced as a bath oil and in soap form. A few drops of sandalwood would make this extra special.

7 ½ ounces of Sweet Almond Oil
½ ounce of Almond Fragrance Oil

Mix well and pour into a decorative bottle to use as bath oil.

Royal Almond Bath Soap

8 Ounces of White Melt and Pour Soap Base
A few drops of Almond Fragrance Oil

Cut the base into small chunks and microwave into a disposable plastic container only for a few seconds. Keep watching and stirring. Be sure not to melt the container! When the soap is just melted add any additives, such as the Almond fragrance oil. Stir well and pour into molds. Soap should cool within an hour and come out to be shiny bars if you pop them in the freezer just before taking them out of the mold. It is best to shrink wrap these soaps so moisture will not ruin them. You can press a REAL almond into the middle of the finished soap! We like to melt a little cold cream and mix that into the soap.

Royal Almond Lotion

7 ¾ ounces of lotion base
¼ ounce of Almond Fragrance Oil

Mix well and pour into preferably a pump bottle.

Royal Almond Matching Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of Almond fragrance oil is more than enough for a 16 ounce jar of soy wax. You need not worry about color because the color you get will appear to be almond! If your container is 8 ounces, just reduce the wax and fragrance accordingly.

Royal Almond Dry Milk Bath (Makes One Cup of Dry Powder)

Talk about easy and sinful! This milk dry powder combination is ever so simple to make. Just add a few drops of Mabel White's **Almond Fragrance oil** and just a touch of cinnamon (oil or powder) to 1/3 cup of **Epsom salts** and 1/3 cup of Mabel White's **Dried Buttermilk** and 1/3 cup of Dried Milk and you are done. Mix very well. Store salts in a air tight container, even if in a sachet, this will keep your fragrance oil from dissipating. **For a fizzy bath add a little citric acid.** You can also add a little vitamin e oil to the fragrance oil. **To use: Pour 2 heaping tablespoons under your warm running bath water.**

Apple Walnut Nut Lip Balm
Makes 10 ¼ Ounce Containers

Have your containers open and ready. The clam shell compacts only hold .08 of an ounce, so be frugal when you drop oil into them. This project will not take long.

1 Ounce of Mabel's Soy Wax

1 Ounce of Mabel White's Walnut Nut Oil

1/8 Ounce Mabel's 100% Beeswax Chips or Beads

A few drops of Apple flavor oil, just a little works!

A drop of Cinnamon oil and/or vitamin e-oil added to the oil when hot is optional

Melt the beeswax in a disposable plastic cup for a minute in the microwave as it is the longest to melt, and then add soy wax and continue to melt just a few seconds longer, stirring with a thin stick until clear. Make sure the cup does not melt! Add the Walnut oil and stir, flavoring to taste. Using a pipette, drop into containers and you are done. They will cool within an hour. If you want to make Chap Stick use 75% Soy wax to 25% Walnut Oil. Ingredients can be purchased from the Mabel White Company.

Apple Walnut Bath Oil
(Makes 4 Ounces)

1/2 Cup of Walnut Oil

A few drops of Apple Fragrance Oil

2 Vitamin e Capsules (broken)

Mix ingredients well and pour into a pretty container.

Apple Bath Bombs
(Each pound of material makes about 4 Bombs)

Making your own **bath bombs**, for instance, is so easy and is basically made up of **one part baking soda** (sodium bicarbonate) to **one part citric acid**, a **little cornstarch** and **fragrance oil**. We recommend again, you use a hand mixer because a blender will fog your plastic. When you are done with your mixture it should be clumpy and you can press vary hard into uniform hand made snow balls or press VERY firmly into a heart or round shaped soap mold. The grade of citric acid is very important. The higher the grade the more bang for your buck. ***Use just enough Apple Fragrance Oil to make it clumpy.** Color is optional. A little Paprika can help with the color. Do not use water based products or extracts. They are not oil based and will cause spontaneous combustion. Shrink wrap when done to prevent moisture from affecting your balm.

Chocolate Bath Oil
(Makes 4 Ounces)

¼ Cup of Hazelnut Oil
¼ Cup of Walnut Oil
A few drops of Chocolate Fragrance Oil
2 Vitamin e Capsules (broken)

Mix ingredients well and pour into a pretty container.

Matching Chocolate Bath Truffles
(One pound makes 8 small truffles)

Making your own chocolate bath truffles is very easy. Like making bath bombs, the formula is **one part baking soda** (sodium bicarbonate) to **one part citric acid**, a **little cornstarch** and **fragrance oil**. We recommend Chocolate and vanilla fragrance oils for this. If you want to achieve a chocolate color, add a little cocoa powder and allspice. Again, use a hand mixer because a blender will fog your plastic. When you are done with your mixture it should be clumpy and you can press vary hard into uniform hand made small snow balls or press VERY firmly into a heart or round shaped soap mold. The grade of citric acid is very important. The higher the grade the more bang for your buck. ***Use just enough Fragrance Oil to make it clumpy.** Do not use water based products or extracts. They are not oil based and will cause spontaneous combustion.

Chocolate Milk Bath
(Makes One Cup of Dry Powder)

Another easy yet sinful recipe! This milk dry powder combination is ever so simple to make. Just add a few drops of Mabel White's **Chocolate Fragrance oil** and just a touch of vanilla (oil or powder) to 1/3 cup of **Epsom salts** and 1/3 cup of Mabel White's **Dried Buttermilk** and 1/3 cup of Dried Milk and you are done. Mix very well. Store salts in a air tight container, even if in a sachet, this will keep your fragrance oil from dissipating. **For a fizzy bath add a little citric acid.** You can also add a little vitamin e oil to the fragrance oil. **To use: Pour 2 heaping tablespoons under your warm running bath water.**

Chocolate-E Lip Gloss
Makes 10 ¼ Ounce Containers

Have your gloss rollers open and ready. This project will not take long. If you want to tint the oil, warm a little in the microwave and swirl in a tad of old lipstick using a toothpick. This can even be used on pulse points as a perfume! Mix:

1 Ounce of Mabel's Primrose Oil

1 Ounce of Mabel White's Vitamin E Oil

Several drop of Mabel's Chocolate Flavor Oil, just a little works!

A few drops of oil based sweetener if desired

Mix well and then using a funnel pour into the gloss rollers. Cap and your done!

Coconut Bath Soap

8 Ounces of White Melt and Pour Soap Base
A few drops of Coconut Fragrance Oil

Cut the base into small chunks and microwave into a disposable plastic container only for a few seconds. Keep watching and stirring. Be sure not to melt the container! When the soap is just melted add any additives, such as the Coconut fragrance oil. Stir well and pour into molds. Soap should cool within an hour and come out to be shiny bars if you pop them in the freezer just before taking them out of the mold. It is best to shrink wrap these soaps so moisture will not ruin them. You can press a REAL almond into the middle of the finished soap! We like to melt a little cold cream and mix that into the soap.

Coconut and Macadamia Nut Lip Balm

Makes 10 ¼ Ounce Containers

Have your containers open and ready. The clam shell compacts only hold .08 of an ounce, so be frugal when you drop oil into them. This project will not take long.

1 Ounce of Mabel's Soy Wax

1 Ounce of Mabel White's Macadamia Nut Oil

1/8 Ounce Mabel's 100% Beeswax Chips or Beads

A few drops of Coconut flavor oil, just a little works!

A little vitamin e-oil added to the oil when hot is optional

Melt the beeswax in a disposable plastic cup for a minute in the microwave as it is the longest to melt, and then add soy wax and continue to melt just a few seconds longer, stirring with a thin stick until clear. Make sure the cup does not melt! Add the Macadamia Nut oil and stir, flavoring to taste. Using a pipette, drop into containers and you are done. They will cool within an hour. If you want to make Chap Stick use 75% Soy wax to 25% Macadamia Nut Oil. Ingredients can be purchased from the Mabel White Company. You may want to make matching coconut bath bombs. If using Mabel's already made base—just add coconut flavor oil and pour into containers.

Matching Coconut Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of Coconut fragrance oil is more than enough for a 16 ounce jar of soy wax. You need not worry about color because the color you get will appear to be coconut!

Coconut is always so welcome and adding a touch of mango is also a very unexpected treat. You could make bath oil, bath bombs and room spray consistent with the coconut theme. Soap molds could be sea shell themes and if you had half a broken coconut or big sea shell, you could shrink wrap your items all into it!

Cotton Fragranced Soy Candle

Cotton is for clean freaks. Lets face it and I join the club. Yankee came out with the first cotton rave and we plan to enhance on that.

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of Cotton fragrance oil is more than enough for a 16 ounce jar of soy wax. You need not worry about color because the color you get will appear to be cotton!

Cotton is always so welcome and adding a touch of lavender is also a very unexpected treat.

Cotton Scent Linen Drawer Sachets

10 Linen Sachets by Mabel
20 Cotton Balls
Cotton Fragrance Oil

Potpourris such as Lavender or Rose Buds optional to go around cotton balls. Drop some **Cotton, Rose or Lavender fragrance oil** into the middle of the cotton ball with a pipette. Place potpourris items around the cotton ball so the oil will not leak out of the sachet. **Dream Pillows** can be made by using the same method.

Cotton Fragrance Room & Pillow Spray

Need a sprayer bottle filled with water
A few drops of Sun Flower Fragrance Oil

Darjeeling Chai

Chai is so sophisticated yet simple. The Darjeeling Chai fragrance oil is best suited for soy candles, milk baths and bombs as well as bath oils. Any lip balm matched with Chai should include Vanilla and Honey flavor oil, and just a touch of nutmeg and cinnamon oils. These spices can also be used to speckle your bath bombs and a half of a cinnamon stick to adorn a bath bomb.

Darjeeling is the finest of black teas from the Himalayas. The only water based item you may extract the tea for would be melt and pour soap. Here you may also want to use Vanilla and a little honey fragrance oil along with cinnamon and nutmeg for color. There are VERY pretty molds available with oriental characters that stand for Love, Peace, and other expressions that would fit this soap theme just perfect.

French Roast Coffee Candle and Cooks Bar

Is another excellent but limited in theme fragrance oil. Men like the smell of coffee as does everyone else, so we recommend this in the form of a serious soy candle, perhaps complimented with a bar of soap designed for the kitchen. Coffee is well known to get the smell of garlic and onions off the hands of a cook. We like to make the soap in two layers, white melt and pour with a little vanilla and the second layer with coffee grinds to color.

Fruit Slices Bath Bomb

(Each pound of material makes about 4 Bombs)

Making your own **bath bombs**, for instance, is so easy and is basically made up of **one part baking soda** (sodium bicarbonate) to **one part citric acid**, a **little cornstarch** and **fragrance oil**. We recommend again, you use a hand mixer because a blender will fog your plastic. When you are done with your mixture it should be clumpy and you can press vary hard into uniform hand made snow balls or press VERY firmly into a heart or round shaped soap mold. The grade of citric acid is very important. The higher the grade the more bang for your buck. ***Use just enough Fruit Slices Fragrance Oil to make it clumpy.** Color is optional. A little Tangerine or Orange essential oil can help with the color. Do not use water based products or extracts. They are not oil based and will cause spontaneous combustion.

Matching Fruit Slices Bath Salts

(Makes Two Cups)

1/2 Pound of Large Rock Salt Crystals
1/2 Pound of Epsom Salts
Ten Drops of Fruit Slices Fragrance Oil

Mix well and you are done!

Matching Fruit Slices Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of Fruit Slices fragrance oil is more than enough for a 16 ounce jar of soy wax. You need not worry about color because the color you get will appear to be vanilla!

Fruit Slices Lip Gloss

Makes 10 ¼ Ounce Containers

Have your gloss rollers open and ready. This project will not take long. If you want to tint the oil, warm a little in the microwave and swirl in a tad of old lipstick using a toothpick. Mix:

1 Ounce of Mabel's Primrose Oil

1 Ounce of Mabel White's Vitamin E Oil

A few drops of Cherry or Tangerine flavor oil, or both, just a little works!

Mix well and then using a funnel pour into the gloss rollers. Cap and your done!

Fresh Cut Lilacs Linen Drawer Sachets

10 Linen Sachets by Mabel
20 Cotton Balls
Fresh Cut Lilacs Fragrance Oil

Potpourris such as Lavender or Rose Buds optional to go around cotton balls. Drop some **Fresh Cut Lilac's Fragrance oil** into the middle of the cotton ball with a pipette. Place potpourris items around the cotton ball so the oil will not leak out of the sachet. **Dream Pillows** can be made by using the same method.

Fresh Cut Lilac's Fragrance Room & Pillow Spray

Need a sprayer bottle filled with water
A few drops of Fresh Cut Lilac's Fragrance Oil

Matching Fresh Cut Lilac's Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. $\frac{1}{2}$ of fragrance oil is more than enough for a 16 ounce jar of soy wax. You need not worry about color because the color you get will appear to be vanilla!

Fresh Cut Lilac's Bath Oil

7 $\frac{1}{2}$ ounces of sweet almond oil
 $\frac{1}{2}$ ounce of Fresh Cut Lilac's Fragrance Oil

Mix well and pour into a decorative bottle to use as bath oil.

Fresh Cut Lilacs Solid Perfume

Makes 10 $\frac{1}{4}$ Ounce Containers

Have your containers open and ready. The clam shell compacts only hold .08 of an ounce, so be frugal when you drop oil into them. This project will not take long.

2 Ounce of Mabel's Balm Base

A few drops of Fresh Cut Lilacs Fragrance oil, just a little works!

Melt the balm in a the microwave as long as it takes to melt. Just a few seconds. Add the fragrance oils and stir. Using a pipette, drop into containers and you are done. They will cool within an hour.

Peaches and Cream Lip Balm

Makes 10 ¼ Ounce Containers

Have your containers open and ready. The clam shell compacts only hold .08 of an ounce, so be frugal when you drop oil into them. This project will not take long.

2 Ounce of Mabel's Balm Base

A few drops of Peach and Vanilla Flavor oil, just a little works!

Oil based sweetener if desired, just a few drops...

Melt the balm in a the microwave as long as it takes to melt. Just a few seconds. Add the fragrance oils and stir. Using a pipette, drop into containers and you are done. They will cool within an hour.

Peaches and Cream Buttermilk Bath

(Makes one Cup of Dry Powder)

Talk about easy and sinful! This buttermilk bath combination is ever so simple to make. Just add a few drops of Mabel White's **Peach and Vanilla** fragrance oil to 1/2 cup of **Epsom salts** and 1/2 cup of Mabel White's **Dried Buttermilk** and you are done. Store salts in a air tight container this will keep your fragrance oil from dissipating. **For a fizzy bath add a little citric acid.**

To use: Pour 2 heaping tablespoons under your warm running bath water.

Peaches and Cream Soap

8 Ounces of White Melt and Pour Soap Base

A few drops of Peach Fragrance Oil and a few drops of Vanilla is nice

Use a tad of paprika for a little natural peach color! Cut the base into small chunks and microwave into a disposable plastic container only for a few seconds. Keep watching and stirring. Be sure not to melt the container! When the soap is just melted add any additives, such as glycerin or vitamin e and the fragrance oil. Stir well and pour into molds. They should cool within an hour and come out to be shiny bars if you pop them in the freezer just before taking them out of the mold. It is best to shrink wrap these soaps so moisture will not ruin them. As always we like to melt a little cold cream and mix that into the soap.

Peaches and Cream Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of fragrance oil is more than enough for a 16 ounce jar of soy wax.

Red Clover Tea Bath Gel and Oil

Red Clover is such a great and refreshing clean scent. It is one of Mabel's favorites. Red Clover Tea Fragrance Oil put straight into an aroma warmer, as with any of our scents, is especially wonderful to over rule the second hand smoke of cigarettes! With Red Clover Tea you also may want to make "Bath Teas" in muslin bags scented with this great fragrance.

7 ½ ounces of Sweet Almond Oil or Bath Gel
½ ounce of Red Clover Tea Fragrance Oil

Mix well and pour into a decorative bottles to use as bath oil or gel.

Red Clover Tea Room & Pillow Spray

Need a sprayer bottle filled with water
A few drops of Red Clover Tea Fragrance Oil

Matching Red Clover Tea Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of fragrance oil is more than enough for a 16 ounce jar of soy wax.

Red Clover Tea Bath Salts (Makes Two Cups)

1/2 Pound of Large Rock Salt Crystals
1/2 Pound of Epsom Salts
Ten Drops of Red Clover Tea Fragrance Oil
A little Citric Acid and Baking Soda if you want the fizz!
Mix well and you are done!

Sandalwood Shaving Soap

8 Ounces of White Melt and Pour Soap Base
A few drops of Sandalwood Fragrance Oil a few drops of Vanilla is nice

Cut the base into small chunks and microwave into a disposable plastic container only for a few seconds. Keep watching and stirring. Be sure not to melt the container! When the soap is just melted add any additives, such as glycerin or vitamin e and the fragrance oil. Stir well and pour into molds or shaving mugs! Soap should cool within an hour and come out to be shiny bars if you pop them in the freezer just before taking them out of the mold. It is best to shrink wrap these soaps or the mug in one, (with a badger brush) so moisture will not ruin them. You can press a REAL ½ cinnamon stick into the middle of the finished soap! We like to melt a little cold cream and mix that into the soap.

Strawberry-e PMS Lip Gloss
Makes 10 ¼ Ounce Containers

Have your gloss rollers open and ready. This project will not take long. If you want to tint the oil, warm a little in the microwave and swirl in a tad of old lipstick using a toothpick. Mix:

1 Ounce of Mabel's Primrose Oil

1 Ounce of Mabel White's Vitamin E Oil

A few drops of Strawberry or Cherry flavor oil, just a little works!

Mix well and then using a funnel pour into the gloss rollers. Cap and your done!

Strawberry-e Bath Oil
(Makes 4 Ounces)

1/2 Cup of Sun Flower

A few drops of Strawberry Fragrance Oil

2 Vitamin e Capsules (broken)

Mix ingredients well and pour into a pretty container.

Strawberry Fizz Bath Bombs

(Each pound of material makes about 4 Bombs)

Making your own **bath bombs**, for instance, is so easy and is basically made up of **one part baking soda** (sodium bicarbonate) to **one part citric acid**, a **little cornstarch** and **fragrance oil**. We recommend again, you use a hand mixer because a blender will fog your plastic. When you are done with your mixture it should be clumpy and you can press vary hard into uniform hand made snow balls or press VERY firmly into a heart or round shaped soap mold. The grade of citric acid is very important. The higher the grade the more bang for your buck. ***Use just enough Strawberry Fragrance Oil to make it clumpy.** Color is optional. A little Paprika or melted lip stick can help with the color. Do not use water based products or extracts. They are not oil based and will cause spontaneous combustion. Shrink wrap when done to prevent moisture from affecting your balm.

Strawberry Bath Salts
(Makes Two Cups)

1/2 Pound of Large Rock Salt Crystals

1/2 Pound of Epsom Salts

Ten Drops of Strawberry Fragrance Oil

Mix well and you are done!

Sun Flower Milk Bath
(Makes One Cup of Dry Powder)

The scent of Sun Flower is a very down home earthy smell. Another easy yet sinful recipe! This milk dry powder combination is ever so simple to make. Just add a few drops of Mabel White's **Sun Flower Fragrance oil** and just a touch of vanilla (oil or powder) to 1/3 cup of **Epsom salts** and 1/3 cup of Mabel White's **Dried Buttermilk** and 1/3 cup of Dried Milk and you are done. Mix very well. Store salts in a air tight container, even if in a sachet, this will keep your fragrance oil from dissipating. **For a fizzy bath add a little citric acid.** You can also add a little vitamin e oil to the fragrance oil. **To use: Pour 2 heaping tablespoons under your warm running bath water.**

Matching Sun Flower Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of fragrance oil is more than enough for a 16 ounce jar of soy wax. Yellow oil based dye would help here.

Sun Flower Room & Pillow Spray

Need a sprayer bottle filled with water
A few drops of Sun Flower Fragrance Oil

Sun Flower Linen Drawer Sachets

10 Linen Sachets by Mabel
20 Cotton Balls
Sun Flower Fragrance Oil

Potpourris such as Lavender or Rose Buds optional to go around cotton balls. Drop some **Sun Flower Fragrance oil** into the middle of the cotton ball with a pipette. Place potpourris items around the cotton ball so the oil will not leak out of the sachet. **Dream Pillows** can be made by using the same method.

Sun Flower Soap

8 Ounces of White Melt and Pour Soap Base
A few drops of Sun Flower Fragrance Oil and a little Vanilla is nice

You can actually find soap molds the shape of Sun Flowers. Use a little Turmeric for a natural color! Cut the base into small chunks and microwave into a disposable plastic container only for a few seconds. Keep watching and stirring. Be sure not to melt the container! When the soap is just melted add any additives, such as glycerin or vitamin e and the fragrance oil. Stir well and pour into molds. Soap should cool within an hour and come out to be shiny bars if you pop them in the freezer just before taking them out of the mold. It is best to shrink wrap these soaps so moisture will not ruin them. You can press a REAL sun flower emblem into the middle of the finished soap! We like to melt a little cold cream and mix that into the soap.

Vanilla Macadamia Nut Lip Balm
Makes 10 ¼ Ounce Containers

Have your containers open and ready. The clam shell compacts only hold .08 of an ounce, so be frugal when you drop oil into them. This project will not take long.

1 Ounce of Mabel's Soy Wax

1 Ounce of Mabel White's Macadamia Nut Oil

1/8 Ounce Mabel's 100% Beeswax Chips or Beads

A few drops of Vanilla flavor oil, just a little works!

A little honey or vitamin e-oil added to the oil when hot is optional

Melt the beeswax in a disposable plastic cup for a minute in the microwave as it is the longest to melt, and then add soy wax and continue to melt just a few seconds longer, stirring with a thin stick until clear. Make sure the cup does not melt! Add the Macadamia Nut oil and stir, flavoring to taste. Using a pipette, drop into containers and you are done. They will cool within an hour. If you want to make Chap Stick use 75% Soy wax to 25% Macadamia Nut Oil. Ingredients can be purchased from the Mabel White Company. You may want to make matching vanilla bath bombs.

Matching Vanilla Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of Vanilla fragrance oil is more than enough for a 16 ounce jar of soy wax. You need not worry about color because the color you get will appear to be vanilla!

Vanilla Cinnamon Oatmeal Bath
(Makes One Cup of Dry Powder)

Talk about easy and sinful! This oatmeal dry powder combination is ever so simple to make. Just add a few drops of Mabel White's **Vanilla Fragrance oil** and just a touch of cinnamon (oil or powder) to 1/3 cup of **Epsom salts** and 1/3 cup of Mabel White's **Dried Buttermilk** and 1/3 cup of Mabel White's **Oatmeal Powder** you are done. Mix very well. Store salts in a air tight container this will keep your fragrance oil from dissipating. **For a fizzy bath add a little citric acid.** You can also add a little vitamin e oil to the fragrance oil.

To use: Pour 2 heaping tablespoons under your warm running bath water.

Wild Flowers Buttermilk Bath
(Makes one Cup of Dry Powder)

Talk about easy and sinful! This buttermilk bath combination is ever so simple to make. Just add a few drops of Mabel White's **Wild Flower's** or Vanilla fragrance oil to 1/2 cup of **Epsom salts** and 1/2 cup of Mabel White's **Dried Buttermilk** and you are done. Store salts in a air tight container this will keep your fragrance oil from dissipating. **For a fizzy bath add a little citric acid.**

To use: Pour 2 heaping tablespoons under your warm running bath water.

Matching Wild Flowers Room Spray

Need a sprayer bottle filled with water
A few drops of Wild Flowers Fragrance Oil
Shake well and spray!

Wild Flowers Linen Drawer Sachets

10 Linen Sachets by Mabel
20 Cotton Balls
Wild Flowers Fragrance Oil

Potpourris such as Lavender or Rose Buds optional to go around cotton balls. Drop some **Wild Flowers or Rose** and **Lavender fragrance oil** into the middle of the cotton ball with a pipette. Place potpourris items around the cotton ball so the oil will not leak out of the sachet. **Dream Pillows** can be made by using the same method.

Wild Flowers Soy Candle

1. Have your container and wick ready. Using a pencil to hold the wick taught. We find it easier to add the wick just after we pour.
2. Melt the soy wax in the microwave until it is clear. Wait until it cools down to about 110 degrees to pour so it will look creamy.
3. Add your fragrance oils in before it cools down too much. ½ of Wild Flowers fragrance oil is more than enough for a 16 ounce jar of soy wax. For color you may want to use a few drops of purple oil based dye. With this you will get a soft pastel lavender color.

